

JOIN US!

SPORT & FITNESS

PICKLEBALL MIXER



FRIDAYS

3:00 PM - 5:00 PM

Please sign up at Sport & Fitness (760) 346-8084 or fitness@eldoradocc.org

Pickleball is a paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. We have extra paddles available!

The Basics:

- A fun sport that combines many elements of tennis, badminton and ping-pong.
- Played on a badminton-sized court and a slightly modified tennis net.
- Played with a square paddle and a plastic ball with holes.
- Played as doubles!

Mixers require a **MINIMUM** of 3 players,
(Borja as the 4th player, as needed.)