

Sport & Fitness Hike

HIKE UP MOUNT EISENHOWER

SUNDAY: 1.2.2022 | 6:30 AM

Difficulty: VERY DIFFICULT-STRENUOUS | Distance: 2.5 MILES



Don't forget to bring water, hiking boots or shoes with traction, wear layers, pants, gloves and a hat.

Optional items to bring: camera and hiking poles!

Approx. 3.5 hours total.

Mt. Eisenhower is a very difficult hike. Experience and mobility are a must.

A light breakfast will be served.



**Sign up online, at Sport & Fitness, call (760) 346-8084
or email fitness@eldoradocc.org**