

# Sport & Fitness Hike



## Big Morongo Canyon Preserve Loop

WEDNESDAY 4.19.2023 | 2:00 P.M.

Difficulty: EASY/MODERATE | Distance: 3 MILES

Register in advance online, call (760) 346-8084, or e-mail [fitness@eldoradocc.org](mailto:fitness@eldoradocc.org)



Tucked between the western edge of Joshua Tree National Park and the towns of Yucca Valley, Morongo Valley, and Desert Hot Springs, the canyon's unique geographic makeup allows it to trap snowmelt from the nearby San Bernardino Mountains, creating a spring-fed wetland area that serves as an incredibly important travel corridor for wildlife. This is an especially popular stopover for migratory birds, so consider packing your binoculars and a camera to see if you can spot one of the 254 species listed in the Preserve's birding list. After ascending to the ridge top we will have views of snowcapped San Gorgonio and San Jacinto peaks. As well views of the Big Morongo Canyon below.

Approx. 40 min. drive. Transportation will not be provided but we will caravan from Sport & Fitness. Remember to bring water and wear layers.