## Sport & Fitness Hike

## F Educational Hike Indio Badlands

MONDAY: 2.06.2023 | 7:30 AM Departure from S&F

Difficulty: Easy to Moderate | Distance: 3.5 MILES

Register in advance online, call (760) 346-8084, or email fitness@eldoradocc.org



Led by "Valley Pathfinder" Jason Bruecks. Jason offers 25 years of local History, Geology, and Hiking experience. This trail enters the Indio Hills Badlands and traverses the San Andreas Fault exposing twisted and tortured rocks that have been uplifted and moved over millions of years. There is also a small slot canyon that one travel through on this great loop trail. There is a chance that we may see the start of our wildflower season in this location. Flowers usually start in this area a week or two before the rest of the valley catches up. Most of the trail is easy with 350 ft. elevation gain. There is one area with a slight incline, and you should watch your step within the slot canyon. Beyond that, the hike is easy.

**Transportation will not be provided by the Club**, however carpooling will likely be an option. Bring water and dress in layers. The parking lot for the trail is small, but parking is allowed on Golf Center Pkwy just before the Avenue 42. The trail is dog-friendly, though you may have to lift and carry the pooch within the slot canyon.