

SINGLES AND COUPLES ARE WELCOME
TO ATTEND THESE FUN AND EASY CLASSES!!



SWING & SALSA DANCE LESSONS

MONDAYS 5:30-6:30 PM

WITH M.C. CALLAHAN

AT THE SPORT & FITNESS CENTER



JANUARY 2
JANUARY 9
JANUARY 16
JANUARY 23
FEBRUARY 6
FEBRUARY 13



"Dancing is uplifting," says M.C. "It is good for the mind, body and soul. It keeps your mind sharp, your body in shape, and your spirit lifted." MC currently teaches all over the desert and considers herself to be a "2 Left Feet Specialist!" She also specializes in teaching solid basics to beginners in a fun and easy way.



Just in time to prepare for Valentine's Day!
\$25 per person per class | Sign up online each week or with
Sport & Fitness (760) 346-8084 | fitness@eldoradocc.org
Attire: Dancing shoes